



MAY 2019 HEARTY MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Your donation helps us feed more seniors! 948-4856	1	2	3
		Goulash Peas Corn Banana	Fiesta Lime Chicken Brown Cilantro Rice Cauliflower Diced Carrots Applesauce	Beef & Cheese Burrito Fiesta Corn Broccoli Orange
6	7	8	9	10
Hamburger Bun Corn Broccoli Banana	Turkey Meatloaf Mashed Potatoes Gravy Mixed Vegetables Orange	Alaskan Stuffed Salmon w/Dill Sauce Peas Sweet Potato Apple	Shepherd's Pie Mashed Potatoes Brussels Sprouts Applesauce Lemon Square	Oven Fried Chicken Cauliflower Spinach Mixed Fruit
13	14	15	16	17
Salsbury Steak w/Gravy Baked Potato Peas Whole Grain Granola Bar Orange	Chicken Cordon Bleu Mashed Potatoes Corn Diced Peaches	Potato Crunch Pollock Lima Beans Red Potatoes Banana	Sliced Turkey Stuffing Mashed Potatoes Gravy Green Beans Applesauce	Mushroom Chicken Brown Rice Carrots Brussels Sprouts Apple
20	21	22	23	24
Country Fried Steak Mashed Potatoes Gravy Green Beans Apple	Tuna Noodle Casserole Broccoli Diced Carrots Orange	Broccoli Stuffed Chicken Mashed Red Potatoes Peas Diced Peaches	Smothered Pork Cutlet Baked Potato Broccoli Whole Grain Granola Bar Mandarin Oranges	Grilled Chicken Breast Brown & Wild Rice Seasoned Red Potatoes Italian Blend Mixed Fruit Cup
27	28	29	30	31
ALL SITES CLOSED  Memorial DAY NO MEAL DELIVERY	Taco Pasta Bake Broccoli Mixed Vegetables Dinner Roll Mixed Fruit	Chicken Tenders Roasted Red Potatoes Corn Diced Peaches	Roast Pork w/Gravy Sweet Potatoes Broccoli Dinner Roll Mandarin Oranges	Baked Spaghetti Diced Carrots Brussels Sprouts Apple