

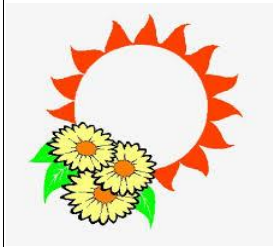


# JUNE 2019 CONGREGATE MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Salisbury Steak w/Gravy Baked Potato Seasoned Green Beans Dinner Roll Apple	Lemon Herb Baked Chicken Cranberry Pecan Stuffing Roasted Brussels Sprouts Peas Orange	Chicken Salad Plate Fresh Assorted Fruit Broccoli Cranberry Salad Muffin	Pulled Pork Bun Cucumber Tomato Salad Sweet Potato Fries Banana	Lasagna Caesar Salad Garlic Bread Fruit
10	11	12	13	14
Roast Beef Mashed Potatoes & Gravy Broccoli Orange	Grilled Chicken Sandwich Coleslaw Baked Beans Apple	Hamburger Bun Potato Wedges Broccoli Cranberry Salad Banana	Taco Salad Southwestern Bean & Rice Salad Tortilla Chips Salsa Fruited Jello	Pork Ribs Potato Salad Corn on the Cob Fresh Fruit Salad Cookie
17	18	19	20	21
Swiss Steak Mashed Potatoes & Gravy Sautéed Spinach Cornbread Orange	Potato Crunch Pollock Coleslaw Mixed Vegetables Grapes	Chicken Fritters Macaroni & Cheese Broccoli Cranberry Salad Corn on the Cob Watermelon	Michigan Turkey Salad (nuts) Wheat Berry Salad Fruited Jello	Burrito Bake Tossed Salad Southwestern Corn Apple
24	25	26	27	28
Beef Pepper Steak Mashed Potatoes & Gravy Italian Blend Vegetables Dinner Roll Apple	Baked Potato Bar Vegan Chili Tossed Salad Crackers Grapes	Beef Hot Dog Bun Potato Salad Cucumber Salad Banana	Chicken Caesar Wrap Summer Garbanzo Salad Cantaloupe Cookie	Fiesta Lime Chicken Cilantro Lime Brown Rice Broccoli Southwestern Corn Orange



**Your donation  
helps us feed  
more seniors!**

**948-4856**